## Behavioral Violent/Combative Administrative Guideline

#### History

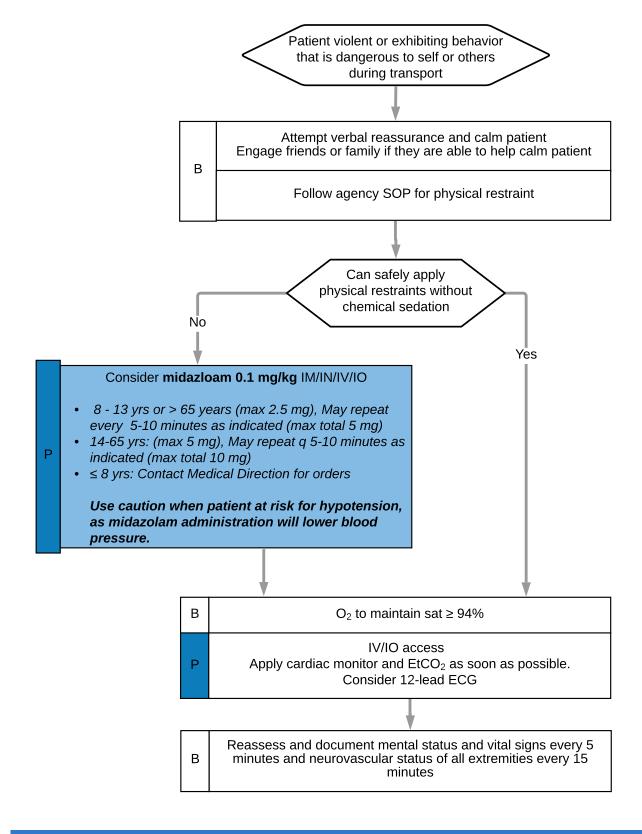
- Past medical history
- · Pertinent medication history
- · Compliance with medications
- Recent exacerbating factor(s)
- · Petitioned or court ordered
- · Collateral information
- Substance abuse history

#### Signs and Symptoms

- Statements of suicidal/homicidal thoughts/ actions
- · Agitated/violent behavior
- Exhibiting behaviors that can be deemed dangerous to self or others
- Acute psychological complaint

### Differential

- Altered mental status related to drug usage
- Trauma
- · Hypoglycemia/Hyperglycemia
- Infection/Fever



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### **Education/Pearls**

Behavioral patients provide a unique challenge in danger to the healthcare provider, as well as often losing their decision-making capacity. Patients with mental health disorders often have co-existing medical conditions.

Combative patients with traumatic injury/TBI present a uniquely challenging scenario. The provider must consider the risks of causing hypotension by providing chemical sedation only when absolutely necessary.

- · Security is essential:
  - Always be sure to protect yourself and others.
  - Patients who verbalize a danger to self or others may NOT refuse care.
  - Attempt to protect patient from injury, but do not place yourself in danger to do so.
  - Summon law enforcement as necessary.
- Restraints should only be used if necessary:
  - Physical Restraint:
    - Handcuffs are to be placed by law enforcement only. If in law enforcement handcuffs, key must be within proximity of patient care at all times (but not within patient's reach).
    - Place stretcher in sitting position.
    - Do not apply restraints that restrict the patient's chest wall movement.
    - Pearls for extremity restraint:
      - Soft or leather restraints should not require a key
      - · Restrain all four extremities to stationary frame of stretcher
      - · All restraints must allow quick release
      - · Reassess and document neurovascular status of all extremities every 15 minutes
  - Chemical Restraint:
    - Utilize with caution, as all restraint medications can cause respiratory compromise
    - Should be a later consideration for pediatric patients
    - EtCO<sub>2</sub> should be utilized for all patients who receive restraints.
- Apply cardiac monitor and obtain vital signs as soon as possible, particularly when chemical restraints have been administered. Reassess VS every 5 minutes and document patient status, response, and monitor airway.